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CASE REPORT

THE ASSOCIATION OF VENOUS AND CAVERNOUS ANGIOMA-CASE REPORT AND REVIEW OF LITERATURE

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ABSTRACT

Isolated cavernous and venous angiomas are common vascular cerebral malformations but their association is less frequent. The presence of venous angioma enhances the risk of bleeding from cavernous angioma. This association is also important for surgical planning. While early extirpation of symptomatic cavernous angioma is recommended, the associated venous angioma has to be preserved due to possible venous infarction.

We report a case of venous angioma associated with cavernous angioma revealed by magnetic resonance imaging after the administration of contrast material, which was not visualised on unenhanced MRI images. The importance of contrast administration in the diagnosis of venous angioma in close vicinity to a cavernoma is emphasised in this report.

Keywords: venous angioma, cavernous angioma, MRI, contrast

INTRODUCTION

Vascular malformations of the brain have been classified into four major pathologic types: venous, cavernous, capillary and arteriovenous malformations.¹ Mixed cerebrovascular malformations are defined as any combination of the above.² The most common form of intracranial vascular malformations are venous malformations, also known as venous angiomas (VA) or developmental venous anomalies (DVAs). DVAs are often associated with intracranial cavernous angiomas (CA).³ Most authors report that DVAs are not true vascular malformations and should be considered a variant of normal venous drainage. As a rule, they are quite asymptomatic, and very rarely bleed. On the other hand. CA are true vascular malformations. Associations of CA and DVA are important because of the possibility of bleeding, which is most probably due to the CA.⁴ Surgical resection of the DVA is not recommended due to possible venous infarction.⁵

This report describes a case of VA associated with CA revealed by magnetic resonance imaging (MRI) after the administration of contrast agents, which was not visualised on unenhanced MRI scans. Furthermore, a review of recent literature is provided.

CASE REPORT

A 22-year old male patient with a history of recurrent headaches once-twice a month, over the last 5 years, was admitted to the Department of General Surgery, due to an inguinal hernia. After failed spinal anaesthesia, surgery was performed using general anaesthesia. Three days after surgery the patient developed a severe headache. Unenhanced CT scans revealed a focal, hyperdense lesion, 15x9 mm in size, in the right cerebellar hemisphere with a round, 2 mm hypodense area in the anterior aspect of the lesion, without mass



Figure 1. The axial unenhanced CT scan shows a hyperdense lesion in the right cerebellar hemisphere (white arrows) with round, hypodense area in the anterior aspect of lesion (red arrow)

effect or surrounding oedema (Figure 1). Due to this finding, MRI of the brain was performed. Unenhanced MRI scans revealed the lesion with a core of mixed signal intensity on T1 and T2- weighted images, suggesting varying ages of the internal haemorrhages, while the lesion was surrounded by a rim of decreased signal intensity on T2-weighted spin-echo and T2*-weighted gradient-echo images, representing haemosiderin deposits (Figure 2). The popcorn appearance of the core, surrounded by a rim of decreased signal intensity corresponded to CA. On unenhanced MRI images of the brain there was no evidence of other abnormalities (Figure 2, 3).

After contrast administration, contrast enhanced T1weighted images showed small dilated medullary veins distributed around and within the CA converging on a larger collector vein anterior to CA. This draining vein traversed through the right cerebellar hemisphere, towards the petrosal surface of the cerebellum (Figure 4). This finding corresponded to a VA in close vicinity of the CA. The neurosurgeon was consulted, who suggested further radiological monitoring.

DISCUSSION

VAs or DVAs account for more than 60% of all intracranial vascular lesions.^{3,6} They are encountered in up to 2.5% of autopsy cases, although MR imaging based studies have indicated a much lower incidence, ranging from 0.14 to 0.7%.^{7,8} A DVA is composed of radially arranged medullary veins resembling a "caput medusae" surrounded by normal neural parenchyma and converging into a centrally located dilated trunk.³ The DVA drains toward either the superficial system or,



Figure 2. The axial T2-weighted image shows the lesion in the right cerebellar hemisphere which corresponds to the cavernous angioma

rarely, the deep venous system. DVAs are classified as benign lesions because they normally do not present with any clinical symptoms during a person's lifespan. DVAs appear infrequently to be associated with symptoms and these have usually been due to intracranial haemorrhage or infarction which are often caused by associated CAs rather than the DVAs themselves.^{7,9} Hon et al. in their systematic review and prospective population-based study confirm that the presentation and clinical course of DVAs are usually benign.¹⁰

CA is a congenital blood-vessel hamartoma formed by endothelinlined sinusoidal vascular spaces.⁹ CAs are even less frequently found than DVAs, accounting for 5% to 13% of all vascular lesions.¹¹ Vernooij et al. in their study based on incidental findings on 2000 MRI scans indentified 0.4% patients with CA.¹² The clinical presentation of these lesions is highly variable, ranging from incidental findings on neuroimaging to discovery at autopsy after a fatal haemorrhage.¹¹ The most common symptoms of CAs are seizures followed by focal neurological deficits, acute haemorrhage, and headaches.¹³

The coexistence of a DVA and a CA is the most common mixed vascular malformation.⁷ An association between DVA and CA was described by Roberson in 1974.¹⁴ Based on findings from MR imaging studies, Abdulrauf et al identified 24% patients with CA who had associated DVA.¹⁵ while, based on MR imaging and intraoperative findings, Wurm et al. identified 25.9% patients.¹⁶ In 2007, Revert Ventura et al. identified 30% patients with CA who had associated DVA.⁵ While Abe et al..insisted that VAs share a common origin and pathogenic mechanism with CAs,¹⁷ Guclu et al. asserted that DVAs and CAs are two distinct entities with dif



Figure 3. The axial unenhanced T1-weighted image shows the cavernous angioma in the right cerebellar hemisphere. There is no evidence of other abnormalities.

ferent pathogenetic mechanisms and that DVAs have a distinct biology and clinical behaviour when compared to CAs, using a gene study in a family whose members were affected by both disorders.¹⁸ In 2005, Wurm et al. reported that DVAs can be regarded as the primary lesion leading to the occurrence of mixed vascular malformations, and they suggest the continuum of progression of a single pathological process.¹⁹

The venous drainage in patients with CAs may be classic venous drainage or atypical venous drainage. Atypical venous drainage occurs when the venous structures have no connection to the transcortical venous system.²⁰ In our case venous drainage was classical.



Figure 4. The axial contrast-enhanced T1-weighted image shows the venous angioma with its small dilated medullary veins distributed around and within the cavernous angioma that converge on a larger collector vein

The presence of a DVA in the close vicinity of a CA of the brain enhances the risk of bleeding from the CA. In the present case we only found microbleeds inside the CA but no evidence of intracerebellar bleeding. VA and CA were found incidentally.

The relatively benign nature of CA obviates the need for any immediate resection unless they grow, become symptomatic or if bleedings occurs.13 In that case extirpation of CA with presentation of VA is recommended, but the associated DVA should be spared during surgery for CA. There is no indication for surgery on the VA because the risk of postoperative deterioration caused by venous infarction is high. If the main trunk is resected, venous engorgement and cerebral oedema can result, at times with devastating consequences.^{3,21} Therefore, it is very important to detect a VA in the close vicinity of a CA with radiological diagnostic modalities such as CT, MRI and angiograms. CT is good for detection of acute hematoma and calcification, while a T2-weighted gradient echo-pulse sequence is very sensitive to hemosiderin deposits surrounding a CA.

Although contrast-enhanced CT and non-enhanced MRI may reveal a VA, the preferred imaging technique is contrast-enhanced MRI because of its excellent depiction of the small venules and the draining vein which cannot be always detected on non-enhanced MRI scans, as in the present case. We only discovered the VA after contrast administration. Generally, cases of suspected CA should undergo an MRI scan with gradient echo imaging (to exclude or define multifocal lesions) and a gadolinium-enhanced study (to exclude or define associated VA).¹³

CONCLUSION

Isolated CA and VA are common vascular cerebral malformations, although their association is less frequent. This association is nevertheless important to acknowledge due to the bleeding risk and surgical planning. When extirpation of a CA is considered, the associated VA has to be preserved due to possible venous infarction. To detect a VA, the administration of contrast agents is necessary because small venules and the draining vein of VAs cannot always be detected on non-enhanced MRI scans. When in doubt, conventional angiography is warranted.

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